

Let us introduce ourselves!
The CRCT Team:

Chuck Delaney, MA, CPS
(Somerville)
781-687-2000 ext. 2911

Redger Hennah, CPS
(Lowell)
781-687-2000 ext. 3315

Melinda Bullock, BA, CPS
(Haverhill/Lawrence)
781-687-2000 ext. 3330

Tony Russo, CPS
(Beverly/Gloucester)
781-687-2000 ext. 3322

Angela Taveira-Dick, Ph.D.
781-687-2000 ext. 3909

John Smolinsky, Ph.D.
781-687-2000 ext. 3473

Bedford VAMC
200 Springs Road
Building 80 Rm 101
Bedford, MA 01730

Or contact us at

781-687-3400

The CRCT Peers



Zap us into your smart phone!

HONORING SERVICE
EMPOWERING
HEALTH



**COMMUNITY RECOVERY
CONNECTIONS TEAM**

Peer Specialists
Helping Veterans
to

**Build
Bridges to
Wellness**



CRCT - Bridging the Gap



Strong recovery requires not only eliminating destructive behavior but adding meaningful activity in its place.

Finding our way to feeling connected to the community can be a challenging aspect to recovery.

Knowledge of social support networks is essential.

Any Veteran with limited resources can build a "wellness plan" in the community based on natural resources.



Find a community that's right for you

Thinking about where you would like to build a life and plant roots leads to solid recovery goals. Different communities offer different natural resources.

Veterans don't have to find natural resources alone...

Friendly, Knowledgeable Veteran Peers...

...Assist Veterans receiving services to enrich connections within the communities of Somerville, Lowell, Haverhill, Lawrence, Beverly, and Gloucester (and surrounding areas) by providing guidance and bridging to community partners.

- *Work
- *Recreation
- *Hobbies
- *Socializing Opportunities
- *Communities of Worship
- *Volunteering
- * Peer Led Groups
- * Special Interests



What do CRCT peers do?

- Connect Veterans with community partners to facilitate community reintegration
- Provide individual Veteran peer support
- Facilitate informal groups

Come to one of our Veteran Coffee Socials to learn more!

BEDFORD: Thursdays 7:30 - 9:00am
Bedford VA Canteen
200 Springs Rd. Bedford MA 01730

LOWELL: Thursdays 4:00 - 7:00pm
Santoro's Pizza
194 Gorham St, Lowell, MA 01852

SOMERVILLE: Mondays 7:30am
Mass Bay Vet Center
4 North Street, Somerville, MA 02144

GLOUCESTER: Fridays 7:30 - 9:00am
Gloucester Vet Center & DAV Building
12 Emerson Ave, Gloucester, MA 01930

LYNN: Tues 8:00 - 9:30am
117 Franklin Street, Lynn , MA 01902



VA
HEALTH CARE
Defining
EXCELLENCE
in the 21st Century

We are with you every step of the way!